

Cleaning Caddy Essentials

I recommend that you keep a caddy in or near the bathroom and fill it with the following:

- *4 oz. squeeze bottle filled with Basic H concentrate*
- *Spray bottle of germicide** for cleaning the toilet seats and sides and all the baseboards and flooring in bathrooms*
- *Spray bottle of window cleaner or plain water*
- *Roll of paper towels (for toilet and floors)*
- *one blue scotch bright sponge (for kids so they don't scratch faucets)*
- *one yellow and green scotch bright sponge (green side for scouring tiles and porcelain and glass enclosures)*
- *4-5 microfiber drying cloths*
- *1 glass cleaning microfiber cloth for mirrors and glass*
- *plastic juice pitcher without the lid (add 1/2-1 tsp basic H and 1/2-1 tsp nature bright to 1/3 full of water)*
- *measuring spoon with 1/2-1 tsp measurements*
- *toothbrush for cleaning*
- *trash bag liners so they can change their bathroom and bedroom trash*

Optional additions depending on your needs:

- *plastic scraper*
- *Rubber Gloves (if you want them to be worn to clean toilets)*
- *a small container of nature bright (optional for whitening tile grout/shower floors...may not be necessary)*
- *Scour Off for tubs and showers that need a scouring paste (may not be necessary)*

*** Germicide notes. In my DVD I demonstrated the use of Shaklee Basic G for cleaning toilets. Basic G is a wonderful product (especially to replace other toxic disinfectants), but I do not recommend its use for children under the age of 12 or 13 that have not been properly trained.*

I have since discovered that some essential oils have disinfecting properties. Clove oil, Cinnamon Bark oil, Lemon oil and Thyme oils contain natural antiseptic properties. Thus, another option for cleaning a toilet and disinfecting a bathroom would be to make a 16 ounce spray bottle of Shaklee Basic H all-purpose cleaner and add 3-6 drops of one of these oils to the solution, depending on how strong you want the smell. I would suggest making it how you want it. Try making one with both cinnamon bark and clove or make one with both lemon and thyme oils. Our family has been enjoying the uses of essential oils for cleaning and disinfecting.